



**47th Annual
Post Graduate Review in Family Medicine**
Wednesday, February 22 - Friday, February 24, 2012
The Marriott Vancouver Pinnacle Downtown

Course Overview

This comprehensive three-day review course offers an update of knowledge central to the practice of family medicine in both rural and urban settings. Committed to addressing everyday practical issues, speakers present equally on current and special areas of concern to the primary health care professional.

To complement a morning of group lectures, afternoons include a series of elective interactive workshops which allow conference attendees to customize their learning experience.

Join us in Vancouver for the 47th anniversary of our popular family medicine review!

Five Easy Ways to Register:

Online

www.ubccpd.ca

★\$10 discount by registering online

Phone

(604) 875-5101

Fax

(604) 875-5078

Email

cpd.info@ubc.ca

Mail

UBC CPD

855 West 10th Avenue

Vancouver, BC V5Z 1L7



The Division of
Continuing Professional Development
Faculty of Medicine
www.ubccpd.ca

Conference Venue & Accommodation

Vancouver Marriott Pinnacle Downtown
1128 West Hastings Street
Vancouver, BC V6E 4R5



TO MAKE A RESERVATION:

Phone: 1 800 207 4150

Online: www.marriott.com/hotels/travel/yvrdt-vancouver-marriott-pinnacle-downtown-hotel/

Special conference rates starting at **\$169.00** CDN per night are offered to conference attendees, exclusive of taxes. Delegates should specify they are with the “**47th Annual Post Graduate Review for Family Physicians**”

All reservations must be made by **February 2, 2012**, as rooms will not be held beyond this date, except on a space available basis.



This Vancouver hotel offers warm hospitality, an inviting atmosphere and award winning

CAA/AAA Four Diamond service. The Marriott Vancouver hotel's location will please business and leisure travelers alike with its prime location just steps from Coal Harbour, the Vancouver Convention Centre and world class shopping on Robson Street. The Vancouver Marriott hotel is also close to other Vancouver attractions such as Stanley Park, the Vancouver Aquarium and Vancouver's best restaurants including the hotel's award winning Show Case Restaurant. Ranked as one of the best Vancouver hotels, the Marriott Pinnacle hotel is also home to some of Vancouver's premiere meeting and conference facilities, specializing in hosting corporate meetings, group events and weddings in Vancouver. When looking for great Vancouver hotels, look no further than the Marriott Pinnacle Hotel, and don't forget your dog or cat as the Vancouver Marriott downtown is a pet friendly hotel.

Wednesday, February 22, 2012

∞ *Pot Pourri*

Moderators: Dr. Karen Hossack & Dr. Stephen Peach

0700 Continental Breakfast; Registration Opens

0815 Welcome & Opening Remarks

0830 Top 5 Articles For Adults
Dr. Steve Wong

0905 Treatment of TMJ Pain
Dr. Sujay Mehta

0930 The Head Injury Patient - What's The Plan After The ER?
Dr. Janet McKeown

1005 Intermission, coffee/tea and snacks provided

1030 Fungal Derm Infections - Top 3 Things Which Are Misdiagnosed
Dr. Youwen Zhou

1055 Red Eye - When Is It Not Conjunctivitis: FP Care of The Acute Eye Problems (Case Based)
Dr. Kurt Tsuyuki

1130 Workup of TIA
Dr. Oscar Benavente

1155 Marijuana Use..Is It Truly Harmless?
Dr. Carol-Ann Saari

1220 Lunch (provided)

1250 Lunch Presentation: “Why Primary Care Providers Should Support Investment in the Early Years”
Dr. Clyde Hertzman

1345 Small Group Sessions I - CHOOSE 2 OF THE FOLLOWING (A-G):

A) Insomnia, Pros and Cons of Sleep Aids
Dr. Jon Fleming

B) Office Strategies of Borderline Personality Disorder (Management, Support, Boundary Issues)
Dr. David Yaxley

C) Abnormal Labs in the Elderly
Dr. Maria Chung

D) Chronic Pain
Dr. Pippa Hawley

E) Office Management of Bi-Polar Disorder for the Family Physician
Dr. David Bond

F) Management of the Somatizing Patient
Dr. Andrew Howard

G) PTSD Office Diagnosis and Management
Dr. Charles Brasfield

Option:

Main Pro C[®]: Effective Conversations Workshop - Physician Health Program

Time: 1345 - 1745 (4hrs, not repeated)

Facilitators: Dr. Andrew Clarke & Ms. Claire Sauvé

Participant Limit: 40

No additional cost


See sidebar for course description ☞

1445 Intermission, coffee/tea and snacks provided

1500 Repeat of Small Group Sessions I

1600 Adjourn

Moderators: Dr. Eric Cadesky & Dr. Olivia Sampson

- 0700 Continental Breakfast; Registration Opens**
- 0815 Welcome & Opening Remarks**
- 0830 "FIT to be Tried" Colon Cancer Screening Guidelines & How to be More Proactive in Screening**
Dr. Jim Gray
- 0855 Lyme Disease**
Dr. Robert Reynolds
- 0930 "The Quiet Celiacs" Office Diagnosis**
Dr. Scott Whittaker
- 1005 Intermission, coffee/tea and snacks provided**
- 1030 What's New in Dyslipidemia (Lipoprotein A and B)**
Dr. Jiri Frohlich
- 1105 Office Management of Abnormal Thyroid Function Tests**
Dr. Michelle Fung
- 1130 Diagnosis with Kidney Stones...How Do We Manage It To Limit Recurrence?**
Dr. Ben Chew
- 1155 Office Management of GFR and Declining Renal Function**
Dr. Monica Beaulieu
- 1220 When and How Should I Use Anticholinesterases**
Dr. Larry Dian
- 1255 Lunch boxes to go** 
- 1345 Small Group Sessions II - CHOOSE 2 OF THE FOLLOWING (H-N):**
- H) After The EKG, Common Abnormal Results**
Dr. Jonathan Tang
- I) New Theories on Obesity**
Dr. Greg Bondy
- J) The Mouth/Body Connection**
Dr. John Nasedkin
- K) Assessment of the First MVA Visit**
Dr. Celina Dunn
- L) Osteoporosis: Where Should I Look (Screening in Men)**
Dr. Larry Dian
- M) Using Methotrexate and Misoprostol for Early Pregnancy In Your Office**
Dr. Ellen Wiebe
- N) Office Wound Care**
Dr. Brian Kunimoto

Option:

Main Pro C[®]: Cannabinoids in Clinical Practice: Synergies

Time: 1345 - 1600 (2hrs, not repeated)

Facilitator: Dr. Pam Squire

Participant Limit: 30

Cost: \$100

See sidebar for course description

- 1445 Intermission, coffee/tea and snacks provided**
- 1500 Repeat Small Group Sessions II**
- 1600 Adjourn**

Wednesday, February 22

Effective Conversations Workshop - Physician Health Program

The half-day Effective Conversations Workshops are based on a model and practice of empathy developed by Dr. Marshall Rosenberg, a clinical psychologist. Rosenberg's model helps us communicate, avoiding the most common ways that we unintentionally produce alienation, defensiveness and stagnation, when we're actually trying to create connections, inspiration and progress.

Compassionate (nonviolent) Communication is a four-step communication model that helps us to express ourselves more clearly and honestly, listen effectively and hear with empathy. It is both an attitude and a set of skills that can enhance personal and professional relationships and strengthen our ability to effectively address difficult interpersonal issues.

The PHP Effective Conversations Workshop a) outlines this why a practical approach to empathy is beneficial for physicians, b) introduces the Compassionate Communication model, and c) allows participants the opportunity to apply the model to workplace and personal situations.

This session gives participants some useful basic skills that they can apply in everyday life, both at work and at home. By the end of this session, participants should be able to:

- Identify how words can connect or alienate
- Recognize options you have in responding to difficult situations
- Understand and recall the four steps of the OFNR model of compassionate communication (empathic practice)
 1. Differentiate a neutral observation from an evaluation or interpretation.
 2. Differentiate an honest expression of feelings from an assignment of blame.
 3. Recognize that individual needs are universal, and are independent of other peoples' actions. Differentiate needs from strategies for getting things done.
 4. Identify and form clear and doable requests and differentiate them from demands.
- Identify personal and workplace situations where you might apply this knowledge and skill to improve relationships;
- Practice applying the model (with coaching) to a relevant situation.

To receive the full 5 Mainpro-C credits, participants must:

1. Complete the Pre-Workshop Needs Assessment before the start of the session
2. Attend the four hour session
3. Complete the Post-Reflective Exercise and
4. Attend one hour web conference call with other participants. The call will offer participants an opportunity to reflect, with colleagues, on the impact of the workshop and the communication model in their own practice

5 Mainpro-C Credits (No additional cost)

Thursday February 23

Cannabinoids in Clinical Practice: Synergies

This workshop focuses on the clinical applications of cannabinoids, in particular, through comparisons with opioids and synergistic effects. Practical aspects of patient selection, prescribing information and recommendations for monitoring patients using this class of medications will be reviewed and discussed. Background material will be presented and elaborated on through a case discussion. Supporting evidence and relevant information will be provided. The session is highly interactive and audience participation is mandatory!

- At the end of the case study, participants will be able to:
1. Assess the benefits and risks of cannabinoid therapy
 2. Identify appropriate candidates for cannabinoid therapy
 3. Reflect on their own competencies in discussing issues around medical cannabinoid use by patients

2 Mainpro-C Credits (Additional cost \$100)

Main Pro C® Workshop

Friday, February 24

Moving Forward After Cancer: Caring for Patients in Primary Care After Cancer Treatments Are Done

Family physicians often view their role in cancer care as being limited to prevention or diagnosis. But for many reasons, the majority of patients now diagnosed with colorectal, breast and prostate cancers live through their active treatment phases and become cancer survivors.

Studies show these patients can easily “fall through the cracks”. Often there is confusion as to who is the responsible physician, the oncologist or the family physician. The vast majority of cancer survivors eventually die from illnesses other than their index cancer. Many of these illnesses are potentially preventable, or modifiable, and fall comfortably into the realm of family physicians. But there is some specific knowledge of risks and symptoms family physicians require, to provide best care to these patients. This session will provide a framework to systematically approach the care of patients post colorectal, breast and prostate cancer treatment and will problem-solve four common symptoms seen in the survivorship phase.

At the end of this session, participants will be able to:

1. Define the survivorship phase of cancer and the common gaps in care that happen in this phase
2. Apply a systematic framework to ensure the care of patients who have survived colorectal, breast and prostate cancers is targeted, appropriate and thorough
3. Review management strategies family physicians already use that are transferable to four common survivorship phase symptoms

2.5 Mainpro-C Credits (Additional cost \$100)

Accreditation

The University of British Columbia Division of Continuing Professional Development (UBC CPD) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide study credits for continuing medical education for physicians. As well, the Accreditation Council for Continuing Medical Education of the United States (ACCME) maintains a reciprocity relationship with CACME which the American Medical Association (AMA) recognizes for the purpose of allowing Canadian medical schools the ability to certify activities for *AMA PRA Category 1 Credits™* and to award such credits to eligible physicians. This program has been reviewed and approved by the UBC Division of Continuing Professional Development. UBC CPD designates this educational program as meeting the accreditation criteria of the College of Family Physicians of Canada for up to **18.75 MAINPRO M1** credits. This program is an Accredited Group Learning Activity eligible for up to **18.75 MOC Section 1** credits as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada. This program also meets the accreditation criteria for a maximum of **18.75 AMA PRA Category 1 Credits™** credits toward the American Medical Association Physician's Recognition Award.

Friday, February 24, 2012

Women's Health/Pediatrics

Moderators: Dr. Haseena Majeed & Dr. Anna Wolak

0700 Continental Breakfast; Registration Opens

0815 Welcome & Opening Remarks

0830 Top 5 Articles for Peds
Dr. Paul Thiessen

0905 HRT: All, One or None (Use of Progesterone in Menopause)
Dr. Tim Rowe

0940 “First Do No Harm, Safety Issues in Oral Contraception”
Dr. Roey Malleson

1005 Intermission, coffee/tea and snacks provided

1030 Headaches in Peds and Adolescents (Dx/Rx)
Dr. Navid Dehghani

1105 Kawasaki's Disease
Dr. Alisa Lipson

1130 Dealing With The Feeding Habits of Toddlers and The Introduction of Potential Allergens
Dr. Keyvan Hadad

1155 The Limping Child, What Do We Need to Think of When Presented with a Limping Child?
Dr. Ran Goldman

1230 Put The Phone Down! Should I Be Concerned About My Teenagers Cell Phone Use and Possible Harmful Environment Effects
Dr. Sami Youakim

1255 Lunch boxes to go 

1345 Small Group Sessions III - CHOOSE 2 OF THE FOLLOWING (O-U):

O) COPD
Dr. Pearce Wilcox

P) Pregnancy Passport - Maternity Care Guidelines
Dr. William Ehman

Q) Top 5 Medical Apps
Dr. Craig Goldie

R) Not Missing Eating Disorders in Both Girls & Boys & Resources
Dr. Bertrand Wicholas

S) What's New in Growth: Greig Health Record (Child and Adolescent Visit)
Dr. Clementine Tang

T) Billing Workshop (1345-1700. 3hrs, not repeated)
Dr. Cathy Clelland

U) Cutting and Self Harm Behaviours - Understanding These Behaviours and Facilitating Recovery
Dr. Alexander Chapman

Option:

Main Pro C®: Moving Forward After Cancer: Caring for Patients in Primary Care After Cancer Treatments Are Done

Time: 1345 - 1645 (2.5hrs, not repeated)

Facilitators: Dr. Brent Kvern & Dr. Gerald Konrad

Participant Limit: 24

Cost: \$100

☞ See sidebar for course description

1445 Intermission, coffee/tea and snacks provided
1500 Repeat Small Group Sessions III
1600 Adjourn, Conference Ends

CONFERENCE FACULTY

Course Coordinator

Christie Newton, MD, CCFP, FCFP, Assistant Professor, Director, Continuing Professional Development and Community Partnerships, Department of Family Practice, Faculty of Medicine, UBC

Course Planning Committee

Eric Cadesky, MD CM, CCFP, Clinical Instructor, Department of Family Practice, Faculty of Medicine, UBC

Lindsay Callan, Conference Services Manager, Division of Continuing Professional Development, UBC

Karen Hossack, MD, CCFP, CCSAM (Certificant Canadian Society of Addiction Medicine), Family Physician, Maple Ridge, BC

Brenna Lynn, PhD, Director, Division of Continuing Professional Development; Honorary Research Associate, Department of Family Practice, UBC

Haseena Majeed, MD, CCFP, Family Physician, Vancouver, BC

Stephen Peach, MD, CCFP, Family Physician, Surrey, BC

Olivia Sampson, MD, CCFP, Family Physician, Vancouver, BC

Anna Wolak, MBBS, MCFP, Family Physician, Vancouver, BC

UBC and Presenting Faculty

Monica Beaulieu, MD, FRCPC, MHA, Director, St. Paul's Hospital Integrated Care Clinic; Clinical Assistant Professor, Department of Nephrology and Internal Medicine, UBC

Oscar Benavente, MD, FRCPC, Professor of Neurology, Faculty of Medicine, UBC; Research Director of Cerebrovascular Health and Stroke at UBC/VGH

David Bond, MD, FRCPC, Clinical Assistant Professor, Department of Psychiatry, Faculty of Medicine, UBC

Gregory Bondy, MD, FRCPC, Clinical Associate Professor, Department of Pathology and Laboratory Medicine, St. Paul's Hospital

Charles Brasfield, MD, PhD, FRCPC, Psychiatrist, Founder & Director, The North Shore Stress and Anxiety Clinic (NSSAC)

Alexander Chapman, PhD., R. Psych., President, DBT Centre of Vancouver, Associate Professor and Associate Chair (Graduate), Department of Psychology, SFU

Ben Chew, MD, FRCSC, Assistant Professor, Department of Urologic Sciences, UBC

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Navid Dehghani, MD, FRCPC (Pediatrics), Provincial CME Director, Pediatric Emergency Medicine; Clinical Associate Professor, UBC

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William Ehman, MD, Clinical Assistant Professor, Department of Family Medicine, Faculty of Medicine, UBC;

Chair, Family Physicians Advisory Committee, SOGC, Nanaimo BC

Jon Fleming, MB, FRCPC, Associate Professor and Deputy Head, Department of Psychiatry, Faculty of Medicine, UBC

Jiri Frohlich, MD, FRCPC, Academic Director, St. Paul's Hospital Healthy Heart Program; Director, St. Paul's Hospital Lipid Clinic; Professor, Department of Pathology and Laboratory Medicine, UBC

Michelle Fung, MD, FRCPC, Clinical Assistant Professor, Division of Endocrinology and Metabolism, UBC

Craig Goldie, MD, CCFP, Clinical Instructor, Department of Family Practice, UBC

Ran Goldman, MD, FRCPC, Assistant Dean, Division of Continuing Professional Development, Associate Professor, Department of Pediatrics, Faculty of Medicine, UBC; Pediatric Emergency Physician, BC Children's Hospital; Senior Associate Clinician Scientist, Child & Family Research Institute

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Pippa Hawley, MD, FRCPC, FRACP, Medical Leader, Pain & Symptom Management/Palliative Care Program, Vancouver Cancer Centre, BC Cancer Agency; Clinical Instructor, Department of Internal Medicine, UBC

Clyde Hertzman, MD, FRCPC, Director and Professor, Human Early Learning Partnership, UBC

Andrew Howard, MD, FRCPC, Clinical Assistant Professor, Department of Psychiatry, UBC

Gerald Konrad, MD, CCFP, Family Medical Centre Unit Director, Department of Family Medicine, Faculty of Medicine, University of Manitoba

Brian Kunimoto, MD, FRCPC, Director, Vancouver General Hospital Wound Healing Clinic; Clinical Associate Professor and Director of Continuing Medical Education, Department of Dermatology and Skin Science, UBC

Brent Kvern, MD, CCFP, FCFP, Director-Enhanced Skills Programs, Department of Family Medicine, Faculty of Medicine, University of Manitoba

Alisa Lipson, MD, FRCPC, Clinical Assistant Professor, Department of Pediatrics, UBC

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Janet McKeown, MD, CCFP, DipSportsMed, Clinical Assistant Professor, Department of Family Practice, Faculty of Medicine, UBC

Sujay Mehta, DMD, Clinical Instructor, Orofacial Pain Clinic, UBC

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Robert Reynolds, MD, FRCPC, Clinical Assistant Professor, Division of Infectious Diseases, UBC

Tim Rowe, MB, BS, FRCOG, FRCSC, Associate Professor and Head, Division of Reproductive Endocrinology & Infertility, Department of Obstetrics and Gynaecology, UBC

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Claire Sauv e, MA, Education Coordinator, Physician Health Program of BC

Pam Squire, MD, CCFP, DCAPM, CPE, Chronic Pain Management Vancouver; Assistant Clinical Professor, UBC

Clementine Tang, MDCM, Division of General Pediatrics, UBC

Jonathan Tang, MD, FRCPC, Clinical Assistant Professor, UBC Division of Cardiology, St. Paul's and Mount Saint Joseph Hospitals

Paul Thiessen, MD, FRCPC, Clinical Professor, Department of Pediatrics, Faculty of Medicine, UBC

Kurt Tsuyuki, MD, FRCSC, FACS, Chair, Division of Ophthalmology Surrey Memorial Hospital; Regional Division Head of Ophthalmology, Fraser Health Authority

Scott Whittaker, MD, FRCPC, Clinical Assistant Professor, Division of Gastroenterology, UBC

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Ellen Wiebe, MD, CCFP, Clinical Professor, Department of Family Practice, UBC

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David Yaxley, MD, CCFP, FRCPC, Medical Lead Depression Stream VGH Psychiatry Outpatients, Team Physician Leader VCH South Mental Health Team, Clinical Assistant Professor, Department of Psychiatry, UBC

Sami Youakim, MD, MSc, CCFP, FRCPC, Clinical Assistant Professor, Department of Medicine, Faculty of Medicine, UBC

Youwen Zhou, MD, PhD, FRCPC, Associate Professor, Department of Dermatology and Skin Sciences, UBC

How To Register

Online

Using your credit card, you can register for courses with our secure server at www.ubccpd.ca. You will receive a confirmation email within a couple of days of registering.

Phone

Call us at (604) 875-5101 to register using your VISA or MasterCard.

Office hours are M-F 8:30am - 4:30pm

Fax

Fax us at (604) 875-5078 to register using VISA or MasterCard. Please feel free to duplicate the adjacent form, and type or use dark ink to complete it.

Email

Email us at cpd.info@ubc.ca with all your contact details and the name of course that you would like to register for and we will call you back.

Mail

Mail your registration form using the adjacent form with your cheque, money order

(payable to UBC CPD) or credit card details to:
 UBC CPD
 855 West 10th Avenue
 Vancouver, BC V5Z 1L7

Only forms accompanied by full payment will be processed.

To ensure course materials are ready for you at the course, your registration must be received by 4:00pm, **Feb 10, 2012**

Cancellation Policy

This course incurs significant non-refundable expenses prior to the course— please read and carefully understand our cancellation policy before submitting your registration.

Should you need to cancel your registration, you must do so in writing to cpd.info@ubc.ca before February 10, 2012. Your registration fee, less a \$50 handling charge, will be refunded. After February 10, 2012, no refunds will be granted for withdrawal unless a replacement can be secured by the registrant; however, the cancellation fee will still apply.

The Division of Continuing Professional Development reserves the right to cancel a course thirty (30) days prior to the course date. Each registrant will be notified by telephone, followed by written notification and a full refund. The University of British Columbia is not responsible for any costs, including, but not limited to, airline or hotel penalties.



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47th Annual Post Graduate Review in Family Medicine - ME8601 Feb 22-24, 2012 - Vancouver Marriott Pinnacle

CONTACT DETAILS

Dr. Mr. Ms.

Last Name _____ Given Name(s) _____

Address _____

City _____ Prov/State _____ Postal Code _____

Telephone _____ Fax _____

Email _____

My practice is considered: Urban Rural

I am a Family Practitioner Specialist

Are you a fellow of the Royal College of Physicians and Surgeons of Canada (RCPC)? Yes No

If yes, please list your specialty: _____

Personal Information is collected on this registration form pursuant to section 26 of the Freedom of Information and Protection of Privacy Act, RSBC 1996 c. 165. This information will be used for the purposes of facilitating the conference and collecting aggregate statistics.

UBC CPD publishes a participant list for the conference that includes the participant's name and city. Please check the box below if you DO NOT wish to have your information included on the participant list:
 I DO NOT CONSENT to being on the participant list.

All participants who register for UBC CPD courses are included on the mailing list for future educational programs. If you DO NOT wish to have UBC CPD course brochures mailed to you, indicate below.

I DO NOT wish to be on the UBC CPD mailing list.

For further information, please contact UBC CPD at cpd.info@ubc.ca or 604-875-5101.

CONFERENCE FEES

<i>\$10 discount for online registration</i>	Early bird Before Jan 20, 2012	Jan 23 - Feb 10, 2012	After Feb 10 and On-site
Full Conference	\$609	\$659	\$709
Day 1 (Wed)	\$279	\$299	\$319
Day 2 (Thur)	\$279	\$299	\$319
Day 3 (Fri)	\$279	\$299	\$319

I will **NOT** need a printed syllabus. Please apply a \$20 discount.

WORKSHOPS

Please rank in order of preference your top 4 workshops (1= most preferred). You will be registered into **2 workshops per day based** on availability. Please note some workshops may have limited space and some do not repeat (Main Pro C and Workshop T on Billing).

Wed Session I	A	B	C	D	E	F	G
Or <input type="checkbox"/> MAINPRO C® Effective Conversations (4hrs)							
Thur Session II	H	I	J	K	L	M	N
Or <input type="checkbox"/> MAINPRO C® Cannabinoids (2hrs) Cost \$100							
Fri Session III	O	P	Q	R	S	T*	U
						select below	
Or <input type="checkbox"/> Workshop T (*3hr session, not repeated)							
Or <input type="checkbox"/> MAINPRO C® ...After Cancer (2.5hrs) Cost \$100							

PAYMENT

\$ _____

TOTAL AMOUNT ENCLOSED

Credit Card Number _____ Expiry Date _____

Name of Cardholder _____

