

CONNECTING HEARTS AND MINDS: A RELATIONAL APPROACH TO INDIGENOUS-LED CONTINUING PROFESSIONAL DEVELOPMENT

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The Rural Continuing Professional Development (CPD) initiative within the UBC Faculty of Medicine Division of CPD has been partnering with Elders since 2018 to implement an Indigenous Patient-Led (IPL) CPD program to support building relationships between Indigenous communities and local physicians to increase the likelihood that patients receive Nation-specific culturally safe care during every medical encounter. Three years in, two of them challenged by the pandemic, we are reflecting on our evolution, and documenting the story of the relationships we are building and the new methods we are practicing.

The story of IPL is one of emergence, co-creation, humility, and continuous learning. We've reflected on the evolution of IPL's transformational work toward culturally safe medical care and conceptualized it using methods that integrate Indigenous and western storytelling.

Our pictorial story, created in collaboration with an Indigenous graphic artist, synthesizes our group's process of initiating work that challenges the limits of colonized medical and organizational practice, seeks to redress colonization and racism in health care, builds reciprocal relationships, and introduces partnerships between western medical care and education, and Indigenous Elders and communities to forge a new way of working together and mitigating harm. Our overall aim is to connect hearts and minds in envisioning and enacting a changed system of care.

HOW CAN WE CHANGE Hearts & Minds?

